

# Beach Safety Sessions NOP

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Each team must have at least one qualified surf lifeguard in the team and at least one member over the age of 18. If there is no Surf Lifeguard or SLS qualified member then the patrol must only undertake dry training and education of beach users.

No team member can be under the age of 14 on the date of the patrol.

An induction should be carried out on the first session to help participants understand the purpose of beach safety sessions, the role of a team member and where essential equipment and forms are kept.

At the beginning of each session participants must be briefed on safety procedures and the plan for the session.

The main emphasis of the session should be on helping the lifeguards at the water's edge particularly when the water is busy and/or the surf is big.

Team captains should introduce the members to the professional lifeguards and see what is needed of them.

The incident room should be ensured it is in an appropriate state to use for first aid.

Suitable clothing/wetsuits, sun protection and patrol rash vests must be worn.

A surf lifeguard/SLS qualified member must undertake an "Analytical Risk Assessment" before deciding on whether any member should enter the water.

If training is carried out or surf equipment is to be used the "Training NOP" should be adhered to.

If participants are not needed on the beach the team should carry out appropriate activities such as first aid and beach awareness training and helping to maintain a tidy club house.

All incidents (rescues, injuries, first aid treatment) must be reported on the incident forms in the First Aid room.

Stock refill forms should be completed if any first aid supplies are running out.

The captain or vice-captain should complete the log form at the end of the session.