

Training NOP

Unless all participants hold competencies in the activity/craft planned a surf lifeguard/ SLS qualified member must undertake an Analytical Risk Assessment before training commences. If all participants hold competencies then most senior member must undertake risk assessment and all participants will assess conditions and their abilities before deciding on whether to enter the water.

Choice of equipment and location must take into account competency, age and fitness of all participants.

Participants must be briefed on safety procedures and plan for session.

SLS GB safety ratios must be abided by.

Suitable clothing/wetsuits and sun protection must be worn.

Equipment must be checked for damage before use. Any unserviceable equipment must be marked for repair and not be used.

Leashes must be worn on all boards unless conditions safe for specific rescue training.

Sign out board must be completed showing persons and craft in the water.

Any change in conditions requires re-assessing of risk, record on Analytical Risk Assessment sheet on return to club house.

Any injuries or incidents must be recorded on incident form in the First Aid Room.

On return to club house equipment must be washed, checked and replaced in racks.